

# ‘C’ VIEW

THE BULLETIN OF THE BOMBAY ‘C’ WARD MEDICAL ASSOCIATION

ISSUE NUMBER 2025 – 2026/01

April 2025

## EDITORIAL

### The Art of Medicine in the Age of AI: Robotics, Revolution, and the Human Touch

As we step into a new year and the inaugural issue of this magazine, I find myself reflecting on how technology continues to reshape our profession. As a cornea specialist, I have witnessed firsthand the remarkable strides in ophthalmology—from AI-driven diagnostics that detect diseases earlier than ever to precision laser-assisted surgeries that restore vision with unparalleled accuracy. These advancements are nothing short of extraordinary. And yet, no matter how sophisticated our tools become, the essence of medicine remains unchanged: the patient’s trust in their doctor, the reassurance in a human voice, and the comfort of knowing they are more than just a case file.

Sir William Osler’s words remind us that while science and technology improve our ability to diagnose and treat, uncertainty remains an inherent part of medicine. What sets great physicians apart is not just their technical expertise but their ability to navigate this uncertainty with wisdom, experience, and empathy.

I recall a patient—a young woman in her 30s—who came to me after an AI-based diagnostic tool suggested she had keratoconus. She was terrified, convinced her vision was doomed. But after a thorough clinical assessment, I reassured her that her condition was mild and manageable—something no algorithm could have done. This moment reaffirmed a crucial truth: technology should assist, not replace, clinical acumen and compassion.

This month, we explore one of the most exciting frontiers in medicine—robotic surgery. Across specialties, from ophthalmology to oncology, robotic-assisted procedures are enhancing precision, reducing recovery times, and expanding what’s possible in the operating room. Yet, as we embrace these advances, a crucial question remains: How do we balance cutting-edge technology with the irreplaceable human judgment and empathy that define great surgeons?

That said, we must also acknowledge that technology is not the enemy—it is an ally. The medical landscape is evolving at an unprecedented pace, and resisting change can leave us behind. The challenge is not choosing between innovation and tradition but integrating them seamlessly. We must adapt to the changing scenario, embrace new advancements, and refine our techniques, all while ensuring that we do not lose the clinical acumen and human touch that make us healers first. The best surgeons of the future will be those who master both—the precision of robotics and the intuition of experience.

To explore this, we are bringing together some of Mumbai’s finest surgeons for an in-depth discussion on robotic surgery—its impact, its promise, and its limitations. Can technology make us better doctors, or does it risk making us more distant? How do we ensure that in the pursuit of innovation, we do not lose sight of what makes medicine an art as much as a science?

As we engage in these conversations, let’s remember that while robotics and AI will continue to revolutionize medicine, the true heart of healing still lies in our hands—in the way we listen, reassure, and care. The future is here, and it is ours to shape.

Here’s to a year of innovation, insight, and staying irreplaceably human.

**Dr. Sonia Kothari** : Editor

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## PRESIDENT'S INAUGURAL ADDRESS

Dear Dignitaries on the Dais, Esteemed Members of the Association and their Dear Spouses,

I am grateful to the members of the association for bestowing on me the honor of leading the two esteemed organizations as president.

The Bombay Medical Union was established in 1883 and many stalwarts have been in this chair and I am humbled by the rich legacy that comes to me.

The Bombay 'C' Ward Medical Association was established in 1950, the year in which the constitution of India came into force. Since then it has been a premier institution in promoting medical knowledge and serving the medical community and the society at large.

Mindful of the tradition and legacy set by the previous presidents, I will do my best to live upto the expectations of the members and take forward the good work done by my predecessors. I am committed to continue the activities of our associations for which we are well known like our monthly cme's, monthly bulletin, the social work and our yearly conferences. I hope to infuse new enthusiasm and innovations in these activities.

In the next two years I seek your support and blessings to do what is right and best for the association.

There are some burning issues which we have been talking about but have not been able to do anything about, like – the amalgamation of BCWMA and BMU and renovation of our society office. I hope to make progress and complete these tasks.

We also need to do activities that would attract young doctors to our associations so as to increase our strength and active membership. Your suggestions are welcome.

Medicolegal problems are close to my heart and I hope to make our association a torch bearer in resolving the medicolegal issues that plague our profession.

I hope to revive programs that promote fraternity amongst our members and their families and bring them close to each other. I look forward to your full support and attendance for programs like – picnics, cultural programs, sports and many more. I would like to showcase the hidden talents of our members and their family and hope to organize a talent show.

I promise to remain accessible to one and all and look forward to your suggestions and participation to enable us to write a glorious chapter in the history of our associations. Anyone who wants to take a more active role in the association may approach me.

I must not forget to thank Dr. Ashaben for leading the association and doing multiple activities in spite of being bogged down by the ill health of her husband and our beloved member Dr. Navin Vasani.

Thank you all once again for bestowing this honor on me and I look forward to your support in the days to come.

Remember - Sabka Sath, Association Ka Vikas!

Jai Hind...

**Dr. Neelang Shah-** President

- Medicines cure diseases, but only doctors can cure patients. – Carl Jung
- The art of medicine consists of amusing the patient while nature cures the disease. – Voltaire
- Wear the white coat with dignity and pride, it is an honor and privilege to get to serve the public as a physician.— Bill H. Warren

**OFFICE BEARERS AND MANAGING COMMITTEE MEMBERS OF THE BOMBAY ‘C’  
WARD MEDICAL ASSOCIATION 2025– 2027 INSTALLED ON 23.3.25**

**President:** Dr. Neelang Shah

**Vice Presidents:**

- Dr. Anil Mehta
- Dr. Kavan Lakdawala

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**Clinical Secretary** –Dr. Jawahar Mukhtyar

**Immediate Past President** – Dr. Asha Vasani

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- |                        |                        |
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| 5. Dr. Hemal Shah      | 11. Dr. Zimpu Mehta    |
| 6. Dr. Sonia Kothari   | 12. Dr. Kinjal Shah    |

**MEMBERS ELECTED TO BOARD OF FINANCE FROM THE GENERAL BODY**

- Dr. Kirit Mody
- Dr. Kamlesh Shah
- Dr. Kavan Lakdawala

“To study the phenomena of disease without books is to sail an uncharted sea, while to study books without patients is not to go to sea at all.”  
– William Osler

## The Bombay 'C' Ward Medical Association and Bombay Medical Union

Invite you to Dr. Jaswant Mody Foundation CME on

### 'Beyond the Blade- The Transformative Journey of Surgical Innovation'

**Date:** Sunday, 06<sup>th</sup> April, 2025.

**Time:** 09: 00 am to 12: 30 pm

**Venue:** Auditorium 3<sup>rd</sup> floor, Breach Candy Hospital, Bhulabhai Desai Road, Mumbai- 26

09.00 – 09.30 am	Registration, Fellowship, Tea / Coffee
09.30 – 09.40 am	<b>Welcome</b> - President : Dr. Neelang Shah
09.40 – 09.50 am	<b>Introduction</b> - Clinical Secretary : Dr. Jawahar Mukhtyar
09.50 – 10.15 am	<b>The Evolution of Minimal Access Surgery from Laparoscopic to Robotics :</b> Dr. Kaiomarz Balsara
10.15 – 10.45 am	<b>Minimal Access Thoracic Surgery :</b> Dr. Raman Deshpande
10.45 – 11.10 am	<b>Robotics in Uro-Oncology :</b> Dr. Pradeep Rao
11.10 – 11.30 am	<b>Hepato Biliary Surgery :</b> Dr. Nilesh Doctor
11.30 – 11.50 am	<b>Robotics Surgery in Gynaec Oncology :</b> Dr. Imran Hamzawala
11.50 – 12.20 pm	<b>Video Presentation on Robotic Sacral Colpopexy :</b> Dr. Nagendra Sardeshpande
12.20 – 12.30 pm	<b>Vote of Thanks</b>
12.30 pm onwards	<b>LUNCH</b>

***ADMISSION FREE BUT PRIOR REGISTRATION IS A MUST AS SEATS ARE LIMITED.***

**PLEASE NOTE CHANGE IN VENUE AND TIME.**

President  
**Dr. Neelang Shah**

Clinical Secretary  
**Dr. Jawahar Mukhtyar**

Secretaries  
**Dr. Mrinal Shah**  
**Dr. Rushabh Shah**

**For Registration:** SMS/ Whatsapp - Mr. Manoj – 9819470617 Or Email to [bcwma1@gmail.com](mailto:bcwma1@gmail.com)

**Our CME: 1<sup>st</sup> Sunday of every month**

- To know details of CME of every month, send your email id and mobile number to [bcwma1@gmail.com](mailto:bcwma1@gmail.com)
- Applied for 1 MMC Credit Hour Certificate (Subject to approval): Rs 50/- (The BombayC Ward Medical Association members), Rs 100/- (non-members)